

Soups

Soup of Today

Like the news, changes daily, but is always good.

Bread & Butter 7 / 11

Chicken Noodle Soup

Simply Comfort.

Bread & Butter 7 / 12

Soup & Salad

Pick any soup and salad that works for you.

Bread & Butter 14.8 (sub Rick, add 4)



Salads & Such

Beet Salad



Fresh Roasted Beets + greens + dill + walnuts + apples + feta + honey balsamico dressing. Bread & Butter 11 / 15

Broccoli Salad



Fresh Broccoli + soft feta cheese + yoghurt + lemon + seeds & raisins. Bread & Butter 9 / 14

Organic Greens



Organic tossed greens + cucumber + tomato + carrots. Bread & Butter 9 / 12

Dave's Mistake

Three Salads in One: Beet + Broccoli + Today's Buddha, with organic greens + seeds + seasonal fruits & berries, all topped with a heaping scoop of Roasted Hutterite Chicken. 19

Rick Salad

Organic greens + bacon + avocado + Roasted Hutterite Chicken + egg + brie + tomatoes + cucumbers + seasonal fruits & berries + seeds. 13 / 17

Yellow Buddha Bowl

An alternative vegetarian composition every day. 15

Dressings

Honey-Dijon / Raspberry / Buttermilk.

Sandwich Combos *Choose your side salad or soup from above*

All or Nothing

Stacked ham + salami + turkey + havarti + lettuce + chipotle mayo. 18.8

The Bird

Fresh Roasted Hutterite Chicken + cranberries + lettuce + mayo. 15.8

Who Knew

Smoked turkey + apple + brie + lettuce + blueberry spread. 16.6

Close Cut

Shaved applewood ham + cheddar + lettuce + mayo + mustard. 15.5

Come & Get Me

Avocado + cucumber + tomato + roasted red pepper-chick pea hummus + lettuce + jack cheese. 13.8

Reuben's Reuben

Shaved pastrami + mustard + swiss cheese + pickled red cabbage. 19.8

Born Today

Smoked turkey club croissant + mayo + lettuce + tomato + bacon + cheddar. 17.8

B.L.T.A.

Warm country bacon + lettuce + tomato + avocado + mayo. 17

Triple Threat

Grilled cheddar + brie + swiss + potato chips. 13

Desserts & Drinks *on the other side*



Add-ons & Substitutions

Gluten Free Bread or Croissant 2 | Split Orders 3 | Side of Rick Salad or Buddha Bowl 4

Add either Chicken, Bacon, Feta, Avocado, or Goat Cheese 4

Make it Crusty: Any sandwich can be made using the bread ends. It makes them "bunny."

Ice Cream & Milkshakes

Happiness & Love in Every Scoop

All of our Ice Creams are Hand Crafted in house, served with a waffle cone or in a cup.

Milkshake: Any Ice Cream Flavour 8.2

Ask about our Specialty Mixtures

Single Waffle 5.8

Double Waffle 7

The Classics

We have the tried, tested and true Neapolian Assortment, Chocolate, Strawberry & Vanilla, just like you remember them, without the box.

Back in the Day

This should take you way back! Bubblegum or Cotton Candy. Or maybe you desire to fall in love with our fully-loaded Banana Split.



Retro Flavours

Remember going to the local coffee shop every day to hang out with your friends? Flavours include Earl Grey, or Coffee, Mint Chocolate Chip & Cooke Dough.

For Adventurers Only



These are only for our local risk takers. Sensations include our famous Medicine Tree, Today's Nutty Mixture, and melt-in-your-mouth Lemony Lemon. *Ask your server about our Specialty Seasonal Flavours.*

Pies, Cakes & Squares

All Baked in Our Shop by Dedicated Staff



Bread & Butter Pudding 7

With Ice Cream, Whipped Cream, Chocolate & Butterscotch Sauces

Carrot Cake 5.8

Cheesecake 7



Slice of Homemade Pie 7

Pie a la mode 8.5

Make anything "a la mode" Add 1.5

Cookies 2.9

Cinnamon Bun 3.5

Premium Pastries 6

Other Specialty Squares & Bars priced daily

Cold Drinks

Organic Lemonades 5

- Plain
- Chery
- Lavender
- Rose
- Raspberry
- Mojito
- Sangria



Bottled Pops & Juice 3

- Coke
- Dad's Root Beer
- A&W Root Beer
- Orange Juice

Other Refreshing Drinks

- Bottled Water 2
- Coconut Water 2.2
- A Glass of 2% Milk 2.5
- San Pellegrino Sparkling Water 3

Tea

A Steaming Pot Served with Honey, Lemon or Milk 3.8

Black Teas

- Red Rose Assam
- Earl Grey Bergamot No. 55
- Black Lavender No. 14
- Morning Light No. 25

Full Leaf Green Teas

- Jasmine Silver Tip No. 45
- Fez No. 39
- Mao Feng Shui No. 8
- Japanese Matcha

Organic Herbal Teas

- Oregon Peppermint No. 45
- Meadow No. 67
- Ruby Hibiscus No. 24
- Tropical Ginger No. 99

Specialty Pops 4

- Mango Iced Tea
- Peach or Lemon Snapple
- Black Cherry Cola
- Stewart's Classic Flavours
- Jones' Lemonade
- Fentiman's Ginger Beer

Hot Drinks

Columbian Coffee 3
(Free Coffee Refills. Nice)

Americano
London Fog

Espresso 2.8

Cafe Latte 5.5
Flavoured Latte

Mocha

Cappuccino

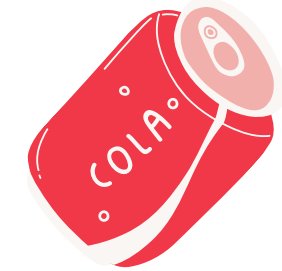
Affogato 4.5

Chai Latte

Steamer

Loaded Hot Chocolate

Hot Apple Cider



Canned Pops 2.2

- Coke, Diet Coke
- Coke Zero
- Orange Crush
- Nestea Iced Tea
- Canada Dry
- Barqs Root Beer
- Brisk Iced Tea

